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Certificate in NHS Decontamination Practices

## Sterilization And Disinfection

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AAMI stands for Association for the Advancement of Medical Instrumentation, a organization that provides guidelines and standards for medical device manufacturers and healthcare facilities to ensure the safety and effectiveness of medical devices, including those used in sterilization and disinfection processes. Airborne contamination refers to the presence of microorganisms in the air that can be inhaled and cause infection, and it is a major concern in healthcare facilities, requiring effective ventilation systems and sterilization and disinfection protocols to minimize the risk of airborne contamination. Alpha radiation is a type of ionizing radiation that can be used for sterilization purposes, particularly for medical devices and equipment that are sensitive to heat or chemicals, and it works by damaging the DNA of microorganisms, thereby killing them. Antimicrobial resistance is the ability of microorganisms to resist the effects of antimicrobial agents, such as antibiotics, and it is a major concern in healthcare facilities, requiring effective infection control measures, including sterilization and disinfection protocols, to prevent the spread of antimicrobial-resistant microorganisms. Autoclave is a device used for sterilization that uses high-pressure steam to kill microorganisms, and it is commonly used in healthcare facilities to sterilize medical instruments and equipment, particularly those that are heat-resistant and can withstand the high temperatures and pressures of the autoclave process. Bacterial spores are highly resistant forms of bacteria that can survive extreme conditions, including heat and chemicals, and they require specialized sterilization and disinfection protocols to kill, such as the use of autoclaves or chemical sterilants. Biofilm is a complex community of microorganisms that adhere to surfaces and are embedded in a protective matrix, making them resistant to sterilization and disinfection protocols, and requiring specialized cleaning and disinfection procedures to remove and kill. Biological indicator is a device used to monitor the effectiveness of sterilization processes, such as autoclaves, by using microorganisms that are highly resistant to sterilization, and it provides a quantitative measure of the sterilization process's ability to kill microorganisms. Chemical disinfection is a process that uses chemicals to kill microorganisms on surfaces, and it is commonly used in healthcare facilities to disinfect non-critical surfaces, such as floors and countertops, and to disinfect critical surfaces, such as medical instruments and equipment, that cannot be sterilized using heat-based methods. Chemical sterilization is a process that uses chemicals to sterilize medical instruments and equipment, and it is commonly used for devices that are sensitive to heat or cannot be sterilized using other methods, such as ethylene oxide sterilization. Cleaning is the process of removing soil and debris from surfaces, and it is an essential step in the sterilization and disinfection process, as it removes microorganisms and other substances that can interfere with the sterilization or disinfection process. Cold sterilization is a process that uses chemicals or ionizing radiation to sterilize medical instruments and equipment without using heat, and it is commonly used for devices that are sensitive to heat or cannot be sterilized using other methods. Contamination control is the process of preventing the spread of microorganisms and other contaminants in healthcare facilities, and it requires effective infection control measures, including sterilization and

disinfection protocols, to prevent the spread of microorganisms. Critical surface is a surface that comes into contact with patient tissues or bodily fluids, and it requires sterilization or high-level disinfection to prevent the spread of microorganisms, such as medical instruments and equipment used in surgical procedures. Decontamination is the process of removing or killing microorganisms from surfaces or objects, and it is an essential step in the sterilization and disinfection process, as it removes microorganisms and other substances that can interfere with the sterilization or disinfection process. Disinfection is the process of killing microorganisms on surfaces, and it is commonly used in healthcare facilities to disinfect non-critical surfaces, such as floors and countertops, and to disinfect critical surfaces, such as medical instruments and equipment, that cannot be sterilized using heat-based methods. Dry heat sterilization is a process that uses hot air to sterilize medical instruments and equipment, and it is commonly used for devices that are sensitive to moisture or cannot be sterilized using other methods. Endoscope is a medical device used to visualize internal organs and tissues, and it requires specialized cleaning and disinfection procedures to prevent the spread of microorganisms, as it is a critical surface that comes into contact with patient tissues and bodily fluids. Ethylene oxide sterilization is a process that uses ethylene oxide gas to sterilize medical instruments and equipment, and it is commonly used for devices that are sensitive to heat or cannot be sterilized using other methods, such as plastic or rubber devices. Filter sterilization is a process that uses filters to remove microorganisms from liquids or gases, and it is commonly used in healthcare facilities to sterilize water and other liquids used in medical procedures. Gamma radiation is a type of ionizing radiation that can be used for sterilization purposes, particularly for medical devices and equipment that are sensitive to heat or chemicals, and it works by damaging the DNA of microorganisms, thereby killing them. Gaseous sterilization is a process that uses gases to sterilize medical instruments and equipment, and it is commonly used for devices that are sensitive to heat or cannot be sterilized using other methods, such as ethylene oxide sterilization. High-level disinfection is a process that uses chemicals to kill microorganisms on surfaces, and it is commonly used in healthcare facilities to disinfect critical surfaces, such as medical instruments and equipment, that cannot be sterilized using heat-based methods. Hydrogen peroxide gas plasma sterilization is a process that uses hydrogen peroxide gas to sterilize medical instruments and equipment, and it is commonly used for devices that are sensitive to heat or cannot be sterilized using other methods, such as endoscopes. Infection control is the process of preventing the spread of microorganisms in healthcare facilities, and it requires effective sterilization and disinfection protocols, as well as other infection control measures, such as hand hygiene and personal protective equipment. Ionizing radiation is a type of radiation that can be used for sterilization purposes, particularly for medical devices and equipment that are sensitive to heat or chemicals, and it works by damaging the DNA of microorganisms, thereby killing them. Low-temperature sterilization is a process that uses chemicals or ionizing radiation to sterilize medical instruments and equipment without using heat, and it is commonly used for devices that are sensitive to heat or cannot be sterilized using other methods. Medical device is an instrument or equipment used in medical procedures, and it requires sterilization or disinfection to prevent the spread of microorganisms, such as surgical instruments, endoscopes, and dental instruments. Microbial load is the number of microorganisms present on a surface or in a substance, and it is an important factor in determining the effectiveness of sterilization and disinfection protocols, as a higher microbial load requires

more aggressive sterilization or disinfection methods. Moist heat sterilization is a process that uses steam to sterilize medical instruments and equipment, and it is commonly used in healthcare facilities to sterilize heat-resistant devices, such as autoclaves. Non-critical surface is a surface that does not come into contact with patient tissues or bodily fluids, and it requires low-level disinfection to prevent the spread of microorganisms, such as floors and countertops. Pasteurization is a process that uses heat to kill microorganisms in liquids, and it is commonly used in healthcare facilities to sterilize water and other liquids used in medical procedures. Personal protective equipment is clothing or gear worn by healthcare workers to prevent the spread of microorganisms, and it is an essential part of infection control measures, including gloves, masks, and gowns. Plasma sterilization is a process that uses ionized gas to sterilize medical instruments and equipment, and it is commonly used for devices that are sensitive to heat or cannot be sterilized using other methods, such as hydrogen peroxide gas plasma sterilization. Radiation sterilization is a process that uses ionizing radiation to sterilize medical instruments and equipment, and it is commonly used for devices that are sensitive to heat or cannot be sterilized using other methods, such as gamma radiation sterilization. Sanitization is the process of reducing the number of microorganisms on surfaces, and it is commonly used in healthcare facilities to sanitize non-critical surfaces, such as floors and countertops, and to sanitize critical surfaces, such as medical instruments and equipment, that cannot be sterilized using heat-based methods. Semi-critical surface is a surface that comes into contact with patient mucous membranes or non-intact skin, and it requires intermediate-level disinfection to prevent the spread of microorganisms, such as endoscopes and dental instruments. Sterilization is the process of killing all microorganisms on surfaces or in substances, and it is commonly used in healthcare facilities to sterilize medical instruments and equipment, particularly those that are used in surgical procedures or come into contact with patient tissues or bodily fluids. Sterility assurance level is the probability that a sterilization process will produce a sterile product, and it is an important factor in determining the effectiveness of sterilization protocols, as a higher sterility assurance level requires more aggressive sterilization methods. Surface disinfection is the process of killing microorganisms on surfaces, and it is commonly used in healthcare facilities to disinfect non-critical surfaces, such as floors and countertops, and to disinfect critical surfaces, such as medical instruments and equipment, that cannot be sterilized using heat-based methods. Terminal sterilization is a process that uses heat or ionizing radiation to sterilize medical instruments and equipment after they have been manufactured, and it is commonly used for devices that are sensitive to heat or cannot be sterilized using other methods. Ultraviolet light disinfection is a process that uses ultraviolet light to kill microorganisms on surfaces, and it is commonly used in healthcare facilities to disinfect non-critical surfaces, such as floors and countertops, and to disinfect critical surfaces, such as medical instruments and equipment, that cannot be sterilized using heat-based methods. Validation is the process of verifying that a sterilization or disinfection process is effective, and it is an essential step in ensuring the safety and efficacy of medical instruments and equipment, as it ensures that the sterilization or disinfection process can consistently produce a sterile or disinfected product. Vaporized hydrogen peroxide sterilization is a process that uses vaporized hydrogen peroxide to sterilize medical instruments and equipment, and it is commonly used for devices that are sensitive to heat or cannot be sterilized using other methods, such as endoscopes. Ventilation is the process of removing contaminated air from a room or area,

and it is an essential part of infection control measures, as it helps to prevent the spread of airborne microorganisms, such as tuberculosis and influenza. Virus is a type of microorganism that can cause infection, and it requires specialized sterilization and disinfection protocols to kill, such as the use of autoclaves or chemical sterilants. Water purification is the process of removing contaminants from water, and it is an essential step in ensuring the safety and efficacy of medical procedures, as it provides sterile water for use in medical procedures, such as surgical procedures and laboratory testing. X-ray sterilization is a process that uses x-rays to sterilize medical instruments and equipment, and it is commonly used for devices that are sensitive to heat or cannot be sterilized using other methods, such as plastic or rubber devices. Z-value is a measure of the temperature change required to change the D-value of a microorganism by a factor of 10, and it is an important factor in determining the effectiveness of sterilization protocols, as a higher Z-value requires more aggressive sterilization methods.