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Certificate Programme in Acupuncture for Integrative Cancer Care (United Kingdom)

## Foundations Of Acupuncture

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Acidosis refers to a condition where the body's fluids become too acidic, often due to an imbalance in the body's pH levels. In the context of cancer care, acidosis can occur due to the metabolic byproducts of cancer cells. Acupuncture can help alleviate symptoms associated with acidosis by promoting balance and harmony in the body.

Acupressure is a technique used in traditional Chinese medicine that involves applying manual pressure to specific points on the body to stimulate the body's natural healing processes. In the context of cancer care, acupressure can be used to alleviate symptoms such as nausea and pain.

Acupuncture is a form of traditional Chinese medicine that involves the insertion of fine needles into specific points on the body to stimulate the body's natural healing processes. In the context of cancer care, acupuncture can be used to alleviate symptoms such as nausea, pain, and fatigue.

Adaptogenic herbs are herbs that help the body adapt to stress and promote balance and harmony in the body. In the context of cancer care, adaptogenic herbs such as ginseng and ashwagandha can be used to alleviate symptoms such as fatigue and stress.

Adrenal fatigue refers to a condition where the adrenal glands become exhausted due to prolonged stress. In the context of cancer care, adrenal fatigue can occur due to the physical and emotional demands of cancer treatment. Acupuncture can help alleviate symptoms associated with adrenal fatigue by promoting balance and harmony in the body.

Aloe vera is a plant that has been used for centuries to promote healing and soothing of the skin. In the context of cancer care, aloe vera can be used to alleviate symptoms such as radiation dermatitis and skin irritation.

Anemia refers to a condition where the body has a low red blood cell count. In the context of cancer care, anemia can occur due to the side effects of chemotherapy and radiation therapy. Acupuncture can help alleviate symptoms associated with anemia by promoting balance and harmony in the body.

Anthroposophic medicine is a form of medicine that views the human being as a whole and integrated system. In the context of cancer care, anthroposophic medicine can be used to promote healing and recovery by addressing the physical, emotional, and spiritual aspects of the individual.

Anti-inflammatory refers to substances that reduce inflammation in the body. In the context of cancer care, anti-inflammatory substances such as turmeric and ginger can be used to alleviate symptoms such as pain and inflammation.

Antioxidants are substances that prevent or reduce cell damage caused by free radicals. In the context of cancer care, antioxidants such as vitamin C and vitamin E can be used to alleviate symptoms such as fatigue and weakness.

Aromatherapy is a form of therapy that uses essential oils to promote relaxation and well-being. In the context of cancer care, aromatherapy can be used to alleviate symptoms such as anxiety and depression.

Ayurvedic medicine is a form of traditional Indian medicine that views the human being as a whole and integrated system. In the context of cancer care, ayurvedic medicine can be used to promote healing and recovery by addressing the physical, emotional, and spiritual aspects of the individual.

Biofeedback is a technique that uses electronic devices to provide feedback on the body's physiological responses. In the context of cancer care, biofeedback can be used to alleviate symptoms such as anxiety and stress.

Cancer refers to a group of diseases characterized by the uncontrolled growth of abnormal cells.

Chemotherapy is a form of cancer treatment that uses chemicals to kill cancer cells. In the context of cancer care, chemotherapy can cause side effects such as nausea, hair loss, and fatigue. Acupuncture can help alleviate these symptoms by promoting balance and harmony in the body.

Chinese herbal medicine is a form of traditional Chinese medicine that uses herbs to promote healing and balance in the body. In the context of cancer care, Chinese herbal medicine can be used to alleviate symptoms such as fatigue and weakness.

Chiropractic care is a form of manual therapy that focuses on the relationship between the spine and the nervous system. In the context of cancer care, chiropractic care can be used to alleviate symptoms such as back pain and headaches.

Cognitive behavioral therapy is a form of talk therapy that helps individuals change negative thought patterns and behaviors. In the context of cancer care, cognitive behavioral therapy can be used to alleviate symptoms such as anxiety and depression.

Colon hydrotherapy is a form of therapy that uses water to cleanse the colon and promote digestive health. In the context of cancer care, colon hydrotherapy can be used to alleviate symptoms such as constipation and bloating.

Complementary therapies refer to therapies that are used in addition to conventional medical treatments. In the context of cancer care, complementary therapies such as acupuncture, massage, and meditation can be used to alleviate symptoms such as nausea, pain, and fatigue.

Detoxification refers to the process of removing toxins from the body. In the context of cancer care, detoxification can be used to alleviate symptoms such as fatigue and weakness.

Dietary therapy is a form of therapy that uses food to promote healing and balance in the body. In the context of cancer care, dietary therapy can be used to alleviate symptoms such as nausea and weight loss.

Electroacupuncture is a form of acupuncture that uses electrical stimulation to stimulate the body's healing processes. In the context of cancer care, electroacupuncture can be used to alleviate symptoms such as pain and inflammation.

Energy medicine is a form of medicine that views the human being as a complex energy system. In the context of cancer care, energy medicine can be used to promote healing and recovery by addressing the energetic aspects of the individual.

Feng shui is a form of traditional Chinese philosophy that views the environment as a reflection of the individual's energy. In the context of cancer care, feng shui can be used to promote balance and harmony in the individual's environment.

Functional medicine is a form of medicine that views the human being as a complex system. In the context of cancer care, functional medicine can be used to promote healing and recovery by addressing the underlying causes of disease.

Guided imagery is a form of therapy that uses visualization to promote relaxation and well-being. In the context of cancer care, guided imagery can be used to alleviate symptoms such as anxiety and depression.

Herbal medicine is a form of medicine that uses herbs to promote healing and balance in the body. In the context of cancer care, herbal medicine can be used to alleviate symptoms such as fatigue and weakness.

Holistic medicine is a form of medicine that views the human being as a whole and integrated system. In the context of cancer care, holistic medicine can be used to promote healing and recovery by addressing the physical, emotional, and spiritual aspects of the individual.

Homeopathy is a form of medicine that uses highly diluted substances to promote healing and balance in the body. In the context of cancer care, homeopathy can be used to alleviate symptoms such as nausea and fatigue.

Hypnosis is a form of therapy that uses suggestion to promote relaxation and well-being. In the context of cancer care, hypnosis can be used to alleviate symptoms such as anxiety and depression.

Immune system refers to the body's natural defense system against infection and disease. In the context of cancer care, immune system function can be compromised due to the side effects of chemotherapy and radiation therapy. Acupuncture can help alleviate symptoms associated with immune system dysfunction by promoting balance and harmony in the body.

Integrative medicine is a form of medicine that combines conventional and complementary therapies to promote healing and recovery. In the context of cancer care, integrative medicine can be used to alleviate

symptoms such as nausea, pain, and fatigue.

Lymphatic drainage is a form of therapy that uses gentle massage to promote the drainage of lymph fluid. In the context of cancer care, lymphatic drainage can be used to alleviate symptoms such as swelling and pain.

Meditation is a form of therapy that uses mindfulness to promote relaxation and well-being. In the context of cancer care, meditation can be used to alleviate symptoms such as anxiety and depression.

Mind-body therapy is a form of therapy that views the mind and body as connected systems. In the context of cancer care, mind-body therapy can be used to alleviate symptoms such as anxiety and depression.

Moxibustion is a form of traditional Chinese medicine that uses heat to stimulate the body's healing processes. In the context of cancer care, moxibustion can be used to alleviate symptoms such as pain and inflammation.

Massage therapy is a form of manual therapy that uses touch to promote relaxation and well-being. In the context of cancer care, massage therapy can be used to alleviate symptoms such as anxiety and depression.

Naturopathic medicine is a form of medicine that views the human being as a whole and integrated system. In the context of cancer care, naturopathic medicine can be used to promote healing and recovery by addressing the physical, emotional, and spiritual aspects of the individual.

Neuroplasticity refers to the brain's ability to adapt and change in response to experience and environment. In the context of cancer care, neuroplasticity can be used to promote healing and recovery by addressing the cognitive and emotional aspects of the individual.

Nutrition therapy is a form of therapy that uses food to promote healing and balance in the body. In the context of cancer care, nutrition therapy can be used to alleviate symptoms such as nausea and weight loss.

Oncology refers to the study of cancer and its treatment. In the context of cancer care, oncology can be used to promote healing and recovery by addressing the physical, emotional, and spiritual aspects of the individual.

Osteopathic medicine is a form of medicine that views the human being as a whole and integrated system. In the context of cancer care, osteopathic medicine can be used to promote healing and recovery by addressing the physical, emotional, and spiritual aspects of the individual.

Pain management refers to the use of therapies to alleviate pain and promote comfort. In the context of cancer care, pain management can be used to alleviate symptoms such as chronic pain and breakthrough pain.

Palliative care refers to the use of therapies to alleviate symptoms and promote comfort in individuals with

serious illnesses. In the context of cancer care, palliative care can be used to alleviate symptoms such as nausea, pain, and fatigue.

Phytotherapy is a form of therapy that uses plants to promote healing and balance in the body. In the context of cancer care, phytotherapy can be used to alleviate symptoms such as nausea and fatigue.

Psychology refers to the study of the mind and behavior. In the context of cancer care, psychology can be used to promote healing and recovery by addressing the cognitive and emotional aspects of the individual.

Qi gong is a form of traditional Chinese medicine that uses movement and breathing to promote balance and harmony in the body. In the context of cancer care, qi gong can be used to alleviate symptoms such as fatigue and stress.

Radiation therapy is a form of cancer treatment that uses high-energy radiation to kill cancer cells. In the context of cancer care, radiation therapy can cause side effects such as nausea, hair loss, and fatigue.

Reflexology is a form of therapy that uses touch to stimulate the body's healing processes. In the context of cancer care, reflexology can be used to alleviate symptoms such as nausea and pain.

Reiki is a form of energy medicine that uses touch to promote balance and harmony in the body. In the context of cancer care, reiki can be used to alleviate symptoms such as anxiety and depression.

Relaxation techniques refer to methods used to promote relaxation and reduce stress. In the context of cancer care, relaxation techniques such as deep breathing and progressive muscle relaxation can be used to alleviate symptoms such as anxiety and insomnia.

Selenium is a mineral that has been shown to have anticancer properties. In the context of cancer care, selenium can be used to promote healing and recovery by addressing the physical and emotional aspects of the individual.

Shiatsu is a form of traditional Japanese medicine that uses touch to promote balance and harmony in the body. In the context of cancer care, shiatsu can be used to alleviate symptoms such as nausea and pain.

Spirituality refers to the connection to something greater than oneself. In the context of cancer care, spirituality can be used to promote healing and recovery by addressing the spiritual aspects of the individual.

Tai chi is a form of traditional Chinese medicine that uses movement and breathing to promote balance and harmony in the body. In the context of cancer care, tai chi can be used to alleviate symptoms such as fatigue and stress.

Taurine is an amino acid that has been shown to have anticancer properties. In the context of cancer care, taurine can be used to promote healing and recovery by addressing the physical and emotional aspects of

the individual.

Therapeutic touch is a form of energy medicine that uses touch to promote balance and harmony in the body. In the context of cancer care, therapeutic touch can be used to alleviate symptoms such as anxiety and depression.

Traditional Chinese medicine is a form of medicine that views the human being as a whole and integrated system. In the context of cancer care, traditional Chinese medicine can be used to promote healing and recovery by addressing the physical, emotional, and spiritual aspects of the individual.

Tuina is a form of traditional Chinese medicine that uses touch to promote balance and harmony in the body. In the context of cancer care, tuina can be used to alleviate symptoms such as nausea and pain.

Vitamin C is a vitamin that has been shown to have anticancer properties. In the context of cancer care, vitamin C can be used to promote healing and recovery by addressing the physical and emotional aspects of the individual.

Yoga is a form of traditional Indian medicine that uses movement and breathing to promote balance and harmony in the body. In the context of cancer care, yoga can be used to alleviate symptoms such as fatigue and stress.

Zen meditation is a form of meditation that uses mindfulness to promote relaxation and well-being. In the context of cancer care, zen meditation can be used to alleviate symptoms such as anxiety and depression.